

Date: 5/14/25

PREP GRADE 6-12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
JUNE 2 – 6, 2025

	MONDAY 6/2/25	TUESDAY 6/3/25	WEDNESDAY 6/4/25	THURSDAY 6/5/25	FRIDAY 6/6/25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Manager's Choice** OR Cinnamon Pan Dulce V (R2252)	Manager's Choice** OR Morning Beef Sausage Sandwich (R0108)	Manager's Choice** OR Fiesta Bean & Cheese Burrito V (R1099) Optional: Fresh Salsa (R4613)	Manager's Choice** OR Turkey Sausage Danish (R1276)	Manager's Choice** OR Café LA Coffee Cake V (CMS #2773)
Entrée 2	Deluxe Cereal Bowl V	Buttery Maple Waffle V (R2259)	Nutri-Grain Bar & Cheese Plank V (R5723)	Deluxe Cereal Bowl V	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)
Entrée 3 <i>Vegan</i>	Manager's Choice** OR Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Manager's Choice** OR Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Manager's Choice** OR Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Manager's Choice** OR Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Manager's Choice** OR Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit -Juice (½ c / 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice

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Milk 8 oz.	Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>	Manager's Choice ** OR All Star Turkey Hot Dog (R0584)	Manager's Choice ** OR Chicken Drumstick & Mashed Potato (R0972) Artisan Roll (CMS #6068)	Manager's Choice ** OR Buttery Burger (R5776) AND/OR Buttery Cheeseburger (R5777) AND/OR Buttery Western Cheeseburger (R5778) Optional for all burgers: Fresh Topping*	Manager's Choice ** OR Taco Bean & Cheese Dip with Tortilla Chips V (R1956)	Manager's Choice ** OR Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)
Entrée 2 <i>Salad OR Sandwich** OR Smoothie/Parfait</i>	Manager's Choice Smoothie Granola Cinnamon (CMS #1501) V OR Manager's Choice Yogurt Parfait Granola Cinnamon V (CMS #1501)	Cajun Chicken Salad (R5713) & Honey Biscuit (R2638) OR Manager's Choice Sandwich**	Crunchy Chef Salad (R5789) Artisan Roll (CMS #6068) OR Manager's Choice Yogurt Parfait Granola Cinnamon V (CMS #1501)	Chinese Chicken Salad w/Shredded Chicken (R5709) Hawaiian Roll (CMS #6082) OR Manager's Choice Sandwich**	Manager's Choice Smoothie Granola Cinnamon (CMS #1501) V OR Manager's Choice Yogurt Parfait Granola Cinnamon V (CMS #1501)
Entrée 3 <i>Vegan</i>	Manager's Choice ** OR Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Manager's Choice ** OR Spicy Chick'n Sandwich (R6051) Optional: Fresh Topping* AND/OR Chik'n Sandwich (R6029) Optional: Fresh Topping*	Manager's Choice ** OR Impossible Burger (R6032) Optional: Fresh Topping*	Manager's Choice ** OR Bean & Veggie Taco CrispUp (R1953)	Manager's Choice ** OR Chik'n Nuggets (R6021) Artisan Roll (CMS #6068) AND/OR Buffalo Chik'n Nuggets (R6031) Artisan Roll (CMS #6068)
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable-Fresh (½ c)	<i>Petite Baby Carrots (CMS #3006)</i>	<i>Café LA Salad (R4576)</i>	<i>Celery Sticks (CMS #3826)</i>	<i>Petite Baby Carrots (CMS #3006)</i>	<i>Café LA Salad (R4576)</i>
Vegetable (½ c)	Berry Berry Blue Slush (CMS #2827)	Orange Medley Juice (CMS #1308)	Sweet Potato Fries (R4464) (Choice of Sauce)	Street Corn (R4530)	Roasted Potato Wedges (R4370)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)

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Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once a week as an Extra Treat.				
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Hot OR Cold*	Manager's Choice ** OR Longboard Pizza <i>(Chicken & Jalapeno)</i> (R1156) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Granola V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** V Granola Cinnamon V (CMS #1501)	Manager's Choice ** OR Cheesy Pillows V (R1119) AND/OR Turkey Stick (CMS #2065) & String Cheese (CMS #2902) Cheez-It Crackers V (CMS #1239)	Manager's Choice** OR Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Manager's Choice Sandwich**	Manager's Choice** OR Fiestada Stuffed Sandwich <i>(Beef & Cheese)</i> (R0159) AND/OR Beef Stick Meal Kit (CMS #1688) AND/OR Sunbutter & Jelly Meal Kit V (CMS #1683)	Manager's Choice ** OR Beef & Cheese Burrito (R0145) AND/OR Manager's Choice Sandwich**
Entrée Children Under 4	Manager's Choice SUPPER Sandwich** AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers V (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Cheesy Pillows V (R1119) AND/OR Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers V (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich <i>(Beef & Cheese)</i> (R0159) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers V (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Beef & Cheese Burrito (R0145) AND/OR Manager's Choice SUPPER Sandwich**
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029)				
	For fruit and vegetable components, juice may be used to meet the vegetable OR fruit component each day, but NOT both.				
Vegetable (1/2 c)	Manager's Choice** OR Cherry Smooth Cup (CMS #2364)	Manager's Choice** OR Berry Berry Blue Slush (CMS #2827)	Petite Baby Carrots (CMS #3006)	Manager's Choice ** OR Paradise Punch Vegetable Juice (CMS #1681)	Celery Sticks (CMS #3826) Under 4 Yrs: Cherry Smooth Cup, (CMS #2364)
			Under 4 Yrs: Orange Medley Juice, (CMS #1308)		

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Fruit (1/2 c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle (CMS #2861)
					Under 4 Yrs: Fresh Fruit ONLY Orange, banana, sliced strawberry, kiwi, tangerine
Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
CONDIMENTS B=Breakfast L=Lunch S=Supper	L- Ketchup, L,S -Mustard, L,S-Tajin, L-Optional: Ranch, Liquid Chamoy S- Mayo	L- BBQ Sauce, Ketchup, Mayo, Mustard Cajun Ranch Dressing, Ranch, Optional: Liquid Chamoy, L, S -Tajin	L-Ketchup, L,S-Mayo, L,S-Mustard, L-Ranch, L,S-Tajin L-Choice of Sauce: Secret Sauce (R7079), BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7079) L-Optional: Liquid Chamoy S-Optional: Ranch	L - Mayo, Mustard, Asian Sesame Dressing, Optional: Ranch, Liquid Chamoy L,S-Tajin, Taco Sauce or Tapatio	L-BBQ Sauce, Ketchup, Ranch, Optional: Liquid Chamoy L,S- Tajin S-Taco Sauce or Tapatio, Optional: Ranch Dressing

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk – Must serve two choices from the following five (5) options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)	Cinnamon Chex (CMS #1625)
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Fresh Fruit

	Plums (CMS# 3522)	Banana (CMS #3204) Do not order on Mondays	Kiwi (CMS #3846)
Tangerine (CMS #3198)	Plumcot (CMS# 3940)	Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week.	Orange (CMS #3093)
Nectarine (CMS#3891)	White Peach (CMS# 3884)		

**MANAGER'S CHOICE FOR LUNCH AND SUPPER

NOTE	Use inventory on hand. If there is not enough inventory to meet menu needs, then use the “OR” item for designated service date. For Vegan Entree 3, only use Vegan Options.
LUNCH SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch), 2. Turkey Breast & Cheese Sandwich (R0911), 3. Tuna Sandwich (R5619), 4. Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)

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LUNCH ENTRÉE SALADS	1. Cajun Chicken Salad (R5713), 2. Chicken Parmesan Salad (R5710), 3. Chinese Chicken Salad with Shredded Chicken (R5709), 4. Crunchy Chef Salad (R5789)
LUNCH SMOOTHIES	1. Strawberry Smoothie (R3329D-DW, R3329C-CB), 2. Blueberry Smoothie (R3326D-DW, R3326C-CB), 3. Mango Smoothie (R3325D-DW, R3325C-CB), 4. Strawberry Mango Smoothie (R3343-DW, R3344-CB)
LUNCH PARFAITS	1. Blueberry Yogurt Parfait (R1647D-DW, R1647C-CB), 2. Mango Parfait (R1665D-DW, R1665C-CB)
SUPPER SANDWICHES	1. Turkey Breast & Cheese Sandwich (R0911), 3. Tuna Sandwich (R5619), 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944), 5. Sunbutter & Strawberry Jelly Sandwich V (R1943)